



2010 Spring Workshops

Workshops are held Tuesdays from 7:00 pm—9:00 pm at 2326 Brunswick Street (2nd floor), Halifax (unless noted as a workshop + tour, or Dartmouth Location)!!

HOP on Board — Active Play for Preschoolers (Repeat Session)

Preschool children are developing and learning at an unprecedented rate, and they learn best when learning is active. Come prepared to move; you will explore some of the active play activities that are part of the Healthy Opportunities for Preschoolers program. This program developed in BC by Vivienne Temple and Justen O'Connor offers ideas and resources to ECEs so that they can support and program for at least 60 minutes of active play each day.

Debbie Thompson is an MSVU Child Studies graduate. She is currently working as an EIBI Program Implementer for the IWK. Debbie has offered a number of upbeat and energetic workshops for NSCECE over the past two years.

April 20, 2010

The Original three 'R's: Recognition, Respect and Relationships

We should function as if "Every child born into the world is an ever fresh and radiant possibility" (Elizabeth Douglas Wiggan). This workshop will examine and discuss techniques, and activities that show the children in our care respect and recognition, and help them build wonderful relationships with each other. Michelle is a wonderful story teller and has many anecdotes and pictures of how her classroom works. **(Replacement workshop)**

Elizabeth Hicks & Michelle Tessier. Michelle works at Giant Steps. She has a degree in Office Management from MSVU, has been a court reporter, and also volunteers with SPARKS and at her children's school. Liz is an independent ECE program consultant and trainer.

April 27, 2010

ABC 123 (NSCC Akerley Campus, 21 Woodlawn Rd, Dartmouth)

This workshop is for anyone who is looking for some new ideas about how to include more math and literacy activities in their program. We will explore the importance of math and literacy, and how we can incorporate these types of activities in all areas of the playroom during different times of the day. Be prepared to share and learn as this will be a very hands on learning experience!

Sonja (Kendell) Bellefontaine has been an Early Childhood Educator with the Dartmouth Family Centre for over eight years. She works primarily with children from birth to 5 years of age. Sonja is always interested in exploring new ways to encourage children in their growth and development.

April 28, 2010

When Children are Aggressive – Positive Behaviour Supports (repeat)

In this workshop we will explore why some preschool children may display aggressive or violent behaviours. We will cover strategies for dealing with those behaviours before they happen, ways to deal with them when they are happening, and how to ask for support. Come learn some steps you can take to help children when they are in conflict with each other. This is an interactive session so be prepared to share your ideas.

Valerija Karlović has a Masters in Child and Youth Study and a BA in Psychology. She currently works with children and youth in the Mental Health and Addictions Program at the IWK.

May 4, 2010

Developing Work Plans

Work plans are tools which help organizations plan strategically for growth and development. A number of Early Childhood Grant Applications now request a work plan as part of the application process. In this workshop participants will discuss how to establish key areas, goals, objectives and strategies which, when combined, result in an inclusive, measurable process to follow.

Lisa Davies has been working with children and families in not for profit agencies and government for over 20 years. Lisa was a full-time faculty member at the Nova Scotia College of Early Childhood Education and is currently the Director of Dartmouth Developmental Centre.

May 11, 2010

Oh Mr. Sun, Sun, Mr. Golden Sun Hiding Behind the Tree

It turns out that it might not be such a bad thing to have Mr. Sun hiding behind a tree—especially on days when the UV index is moderate or above. Learning about the dangers and long-term health implications of over-exposure to the sun is an important first step in developing and following sun-safe policies and practice in early childhood settings. We'll also discuss strategies for communicating the sun-safe message to parents and other caregivers.

Carrie Melsom is the Coordinator of the NSCECE Early Childhood Educator Resource Centre. She recently attended a workshop on sun safety called Promoting Shady Behaviour and wants to share what she learned with you.

May 18, 2010


All questions regarding equivalency accreditation should be directed to the Nova Scotia Department of Community Services at 424-3207.

Workshop fees are non-refundable. A voucher will be issued if the College is notified of cancellation by 4:00 pm the Friday before the scheduled workshop date. Non-attendance does not constitute cancellation.

Registration is only accepted with a payment. Write down the date and title of the workshop(s) you wish to attend, and forward with payment to NSCECE. You will be notified if your workshop is full or is cancelled for any reason.


To register, forward payment of \$35 per workshop to:

Nova Scotia College of Early Childhood Education, 2326 Brunswick St. (2nd Floor) Halifax, NS B3K 2Z3, 423-7114

 **Intercultural Communication and ECE Professionals: Skill building together**

If you are new to Nova Scotia or new to working with newcomers and would like to build on your communication skills this workshop is for you. Come learn how intercultural communication techniques in the workplace can help reduce stress and build bridges of understanding with co-workers, managers and parents. Video, storytelling, case studies and role plays will be used to help participants recognize and practice intercultural skills.

Denise DeLong has facilitated intercultural communication workshops since 1994. She has a Masters in Educational Policy Studies and was recently certified as an Intercultural Development Inventory administrator. Denise has also been coordinating a bridging project with the NSCECE.
June 1, 2010

 **Embracing boys: programming and considerations for the boys in our classrooms**

Do you have or have you had a room full of energetic, noisy, messy and rambunctious boys? Would you like a setting that feels less noisy, more organized, and is physically and mentally engaging for all children...including boys? We will examine 'what makes a boy a boy' and play with strategies that help us reach the classrooms we long for!

Elizabeth Hicks and Susan Stacey have been working, playing, and thinking together for many years. Liz is an independent ECE program consultant. In addition to her work as a trainer/facilitator Susan is the Director of the pre-primary program at the Halifax Grammar School.
June 8, 2010

 **Staying Positive: It's Everybody Responsibility (Repeat Workshop)**

Staying positive in a hectic workplace can sometimes be a challenge. Research shows that we have 20,000 individual moments each day, how do we keep the balance of them positive and stay upbeat day in and day out. In this workshop learn what you can do to enhance your positive outlook and perk up the people in your workplace, Your workmates will love you for it!

Janet Boutilier has a Masters in Adult Education. In addition to being the NSCECE Registrar she teaches students enrolled in our Early Childhood Education Diploma program. Recently she was thrilled to learn that a centre had implemented strategies from this workshop that they were still using.
June 15, 2010



Toddler teachers have special joys and special challenges which their preschool and infant counterparts miss out on. Treating your toddlers like a smaller version of preschoolers is an exercise in futility. Join us for the day as we take a close look at the types of interactions, guidance, routines, curriculum and environments that work for toddlers.

A Day in the Life of a Toddler Room

Repeat workshop

Presenters:
Shannon Harrison & Carrie Melsom
Sat. May 8 9:00-3:30
NSCC Waterfront Campus, 80 Mawio'mi Place, Dartmouth
\$50 (Bring a bag lunch)



This one-day training addresses how educators can use everyday conversations, play, and daily routines to promote children's communication and social development. Learn to meet the needs of all children including those with language delays. (This training is a prerequisite for Let Language Lead the Way; and Fostering Peer Interaction).

*Teacher Talk:
Encouraging Language Development*

Presenter:
Brenda MacKay, Speech Language Pathologist
Sat. June 26th 9:00—3:30
NSCC Akerley Campus, 21 Woodlawn, Dartmouth
\$65 includes workbook (Bring a bag lunch)

Look for the workshop symbol

The college offers a wide variety of workshops each year to help meet the diverse professional development needs of people working in early learning and child care settings.



Budding: Just starting your career in early childhood education? These workshops are designed to meet your early needs and to prepare you for the challenges that lie ahead.



Advancing: Growing in your career? Past the basics? These workshops provide advanced training for maturing early childhood educators, which will reinvigorate you and motivate you to climb a little higher.



Master: These workshops are designed to challenge seasoned early childhood educators who have a rich background in ELCC. You'll dig deeper to find new and innovative information for your maturation and skill level.



Something here for everyone.

Of course, these symbols are just a guideline. We hope they are helpful to you as you make your choices. We look forward to your suggestions and feedback about our workshops. Help us fine tune programming for the next term. Please call 420-1492.

The College will accept in-person debit or credit card payments, in addition to cash or cheque. Resource Centre individual members receive a \$5 workshop discount; organization members receive two workshop vouchers. There is a \$10 fee to replace a lost certificate. There is a \$25 fee for NSF cheques. Please contact Carrie Melsom, Resource Centre Coordinator, 420-1492 with comments, or concerns about this workshop series.